

This Autumn, be prepared for the **dark nights**

Many of us are restricted to walking our dogs in low light due to a whole range of commitments. But as it gets darker in the mornings and in the evenings, it's important to take precautions to ensure everyone stays safe.

Keep your dog safe



Keep your dog on a short lead



If your dog wears a jacket, consider a reflective one



Have a light up collar or clip-on LED lights

Keep yourself safe



Stick to familiar walking routes



Remember to take your phone



Wear bright clothing



Walk with others if possible



Carry a torch or wear a head torch



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