## +Bright at Night

## Give your dog walk a glow up!

Many of us are restricted to walking our dogs in low light due to a whole range of commitments. But as it gets darker in the mornings and in the evenings, it's important to take precautions to ensure everyone stays safe.



## KEEP YOUR DOG SAFE



Keep your dog on a short lead



If your dog wears a jacket, consider a reflective one



Have a light up collar or clip-on LED lights

## KEEP YOURSELF SAFE



Stick to familiar walking routes





Remember to take your phone



Walk with others if possible



Wear bright clothing



Carry a torch or wear a head torch

